



# St Mary's School



## **Geelong**

#### **Principal News**



Annice Lappin Principal

Dear Families,

Last week, the Year 5/6 students, teachers and myself enjoyed a fabulous three days at Camp Kangaroobie in Princetown. It is a camp that St Mary's School has attended every second year for many years. I am delighted to once again share that it was a fantastic experience and the students were a pleasure to accompany. Throughout the camp and on our return, all the adults agreed and commented on how the students were remarkable both in terms of participation and behaviour. The camp provided an opportunity for learning beyond the classroom with a variety of team building activities, outdoor adventures and lots of fun! It was great to witness the students' cooperation and positivity throughout the entire experience, even when we encountered some very cool, wet and windy weather! Thank you to all the adults who attended, making this experience possible. I hope that if your child attended, they have shared with you all the highlights. There are many photos on our social media platforms if you would like to see what the students enjoyed throughout the three days.

This Friday, many of our Year 3 students will receive God's forgiveness through the **Sacrament of Penance** through the celebration of Reconciliation. Please pray for these children as they take this important step on the Sacramental journey.

**The Colour Run is fast approaching!** This is a much loved family event, supported by the Parents and Friends' Association and the final opportunity to raise funds for our school in 2025. Please purchase your \$10 Family ticket via the **Trybooking link.** We hope to see as many families there as possible. It will be a fabulous school community event to celebrate the end of a wonderful school year!

A huge thank you to **Louise Phillips** who coordinated the P&FA Tea Towels. Thank you also to everyone who supported this fundraiser.

In staffing news, congratulations to **Ms Brodie Thulborn** and her partner Andrew Wilson on the birth of their daughter, Lainey. We hope they are enjoying this precious time together.

A reminder that the **'Thank You Morning Tea'** will be hosted on Thursday, 11 December from 9:00am until 10:00am. Please respond to the Operoo for catering purposes. You may like to bring your own morning coffee.

This year, St Mary's School will again be partnering with the **Bay Leaf Community Kitchen** to assist in providing hundreds of quality Christmas food and toy hampers to Geelong's most vulnerable families. The Bay Leaf Community Kitchen is a local charity that supports families experi-

encing health, financial and emotional crises. The Geelong based charity helps local families by providing free family meals and other much needed support. They're about spreading love and inspiring positive change. Their ministry is ongoing and supports many families, including families in our St Mary's School community. To spread some extra joy and love at Christmas, our St Mary's School staff, students and families are invited to donate Christmas food items to go into their food hampers. Examples include chocolates, savoury/sweet biscuits, condiments, chips, long-life custards, puddings, etc. A collection point will be set up for food items in the school's administration area.

Alternatively, or as well as, you may choose to donate vouchers from local stores, eg, Kmart, Target, Rebel Sport. These vouchers will be distributed with hampers to families so they can purchase items of their choice, for under their Christmas tree. These generous gifts can be delivered to the school's administration area and will be collected from the school on Wednesday, 17 December. You may also, or instead of, choose to make a donation via direct deposit to the Bay Leaf Community Kitchen: BSB: 633000, Account Number: 168394740

Some of our senior students, Amelia, Sophia and Nikita are also organising a raffle to raise funds for The Bay Leaf Community Kitchen. Tickets are \$1.00 each and they will be selling tickets on various days from tomorrow until Friday 12 December. If you would like to purchase any raffle tickets, please send the money in an envelope to school, clearly labelled.

2026 Class lists are now finalised. This year, we have again used a computer program with many parameters entered, to allocate students to classes. This is to ensure the best possible combinations of students. Our leadership team and teachers then review these combinations and to ensure all areas required for setting students up for success have been considered. As St Mary's School has open and flexible classrooms, students are in the privileged position of interacting with everyone in the year level cohort and all the teachers and LSOs in the learning space on a daily basis.

As a lovely end to this week, on Friday, all students will be invited to make and enjoy their own salad sandwich, with all ingredients provided by the school. Students will be able to choose fillings on their sandwich, ranging from ham, cheese, lettuce, carrot and tomato on white bread.

Kind regards, Annice

**School Links** 

Staff Email

**Family Handbook** 

**School Website** 

Parent Portal password: mary175



Facebook:
@St.Mary'sPrimaryGeelong
Instagram:
stmarys ps geelong



St Mary's School acknowledges the Australian Aboriginal and Torres Strait Islander peoples as the first inhabitants of the nation and the traditional custodians of the lands where we live, learn and work.

#### **Deputy Principal News**



#### Sacrament of Penance

#### Dear Families,

This term, many of our students have been preparing to receive the **Sacrament of Penance**, through reconciliation. This is a very special step in their faith journey, as it offers them the opportunity to experience God's mercy and forgiveness in a personal way. Through this Sacrament, our students learn that God is always ready to welcome us back when we make mistakes and that we are called to reflect this same spirit of forgiveness in our own lives.

## The Gospel reading that will be read during this Sacrament is:

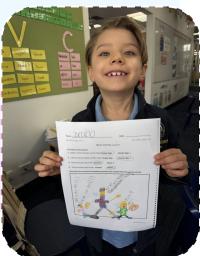
The Forgiving Father (Luke 15:11–32), more commonly known as the Parable of the Prodigal Son. In this story, Jesus tells of a son who leaves his father, makes poor choices and feels unworthy of returning home. Yet when he does return, the father welcomes him with open arms, showing love, compassion and unconditional forgiveness. This parable reminds us that no matter what we have done, God's love is greater and we are always invited to return to Him.

For our students, this Gospel passage is especially meaningful as they prepare for Penance. In class, their teachers have guided them to reflect on the story and think about how it connects to their own lives. Just like the son in the parable, they recognise moments when they have made choices that have not shown love or kindness and they see how important it is to say sorry and to make things right again. This Gospel helps them to understand that God always welcomes us back with love and that we are also called to forgive others and begin again.

We ask our whole school community to keep these students in your prayers as they prepare to receive the Sacrament of Penance for the first time on **Friday 21 November.** May this be a joyful and faith-filled moment where they come to know more deeply the peace and mercy of God.

Warm Regards,

**Deborah Boland** 



## Spotlight into Learning Year 112

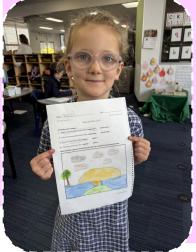
This term, our Year 1/2 students have been exploring the fascinating topic of the Sun, Moon and Stars. Through hands-on activities, stories and observations, students are discovering how these objects appear to move and change in predictable ways.

We've been learning about the sun and its patterns, including how it rises in the east and sets in the west, creating the daily rhythm of day and night. Students are also observing how the times of sunrise and sunset change throughout the year, giving us the longer days of summer and shorter days of winter.

Our young astronomers are also learning about the moon: how it changes shape over time in a repeating cycle called the lunar phases and how it appears to move across the night sky.

By exploring these predictable patterns in the sky, Year 1/2 students are beginning to understand how Earth's movement and position in space affect what we see each day and night.







### Term 4 School Calendar, 2025

Week	Monday	Tuesday	Wednesday	Thursday	Friday	
7	NOV 17 STUDENT FREE DAY	NOV 18	NOV 19 Newsletter PSG Meetings #2	NOV 20 Parish Mass, Year 3/4 10:00am	NOV 21 Healthy Food Day— Salad Sandwiches for Students Sacrament of Penance (Yr3) 12:00pm at School	
8	NOV 24 3:00pm School Assembly (Year 1/2) CHESS CLUB	NOV 25 Foundation 2026 Students—Transition to School #2; 9:15- 10.30am	NOV 26 SAC Meeting; 7:00pm Advent Prayer Service, 8:55am	NOV 27 Parish Mass, Year 5/6 10:00am Music Bus	NOV 28 CHESS CLUB	1st Sunday Advent
9	DEC 1 PFA Mango Fundraiser Delivery Week	DEC 2	DEC 3 PFA Meeting, AGM; 6:30 pm Newsletter Advent Prayer Service, 8:55am	DEC 4 Bravehearts Foundation—Year 2 PSG Meetings #3 PFA Colour Run; 5:00- 7:00pm Final Music Bus	DEC 5 FINAL CHESS CLUB Choir Excursion 12:30pm	2nd Sunday Advent
10	DEC 8 3:00pm School Assembly (Foundation)	DEC 9 Step Up Transition Day; 9:00-11:00am Foundation Transition #3; 9:15-10:30am Open Classrooms; 3:15 to 4:15pm	DEC 10 Advent Prayer Service, 8:55am Semester 2 School Reports emailed to families	DEC 11 Thank you morning tea; 9:00am for parents/volunteers Year 1/2 Excursion Year 5/6 Excursion	DEC 12 2026 School Captain Photo; 9:00am Foundation Excursion	3rd Sunday Advent
11	DEC 15 Year 6 Graduation Liturgy; 5:00pm Advent Prayer Service, 8:55am Year 3/4 Excursion	DEC 16 End of Term 4 for Students; 1:00pm Dismissal Assembly 12:15pm	DEC 17 STUDENT FREE DAY	DEC 18 STUDENT FREE DAY	DEC 19 School Closed	4th Sunday Advent

2026 SCHOOL DATES

Term 1 27 January -2 April Term 2 20 April -26 June Term 3 13 July-18 September

Term 4
5 October 18 December

3

28 January Students Commence School

**Foundation 2027 Student Enrolments Open** 

**30 January** Beginning of Year Parish Mass; 10:00am

27 February Whole School Photo Day
 2-6 March F-4 Swimming Program
 23 March School Cross Country Year 3-6

2 April Last Day of Term 1

3 April Good Friday

2026 Term 1 School Calendar will be published in Week 9 newsletter.

Student Free Days and School Closure Days are yet to be announced, once confirmed by MACS.

St Mary's School, Geelong Newsletter # 20 19 November, 2025

# <u>Italian</u>



#### Ciao,

As we approach the end of the year and the Christmas season, I would like to share some Italian Christmas poems and carols with you, which will be included in the final three editions of the St Mary's School newsletter.

Buona settimana!

#### Un Abete Speciale di Gianni Rodari (Italian)

Quest'anno mi voglio fare un albero di Natale di tipo speciale, ma bello veramente. Non lo farò in tinello, lo farò nella mente, con centomila rami e un miliardo di lampadine. e tutti i doni che non stanno nelle vetrine. Un raggio di sole per il passero che trema, un ciuffo di viole per il prato gelato, un aumento di pensione per il vecchio pensionato. E poi giochi, giocattoli, balocchi quanti ne puoi contare a spalancare gli occhi: un milione, cento milioni di bellissimi doni per quei bambini che non ebbero mai un regalo di Natale, e per loro ogni giorno all'altro è uguale, e non è mai festa. Perché se un bimbo resta senza niente. anche uno solo, piccolo, che piangere non si sente, Natale è tutto sbagliato.

#### A Special Fir Tree by Gianni Rodari (English)

This year I want to make a Christmas Tree of a special kind, but really beautiful. I won't make it in the living room, I'll make it in my mind, with a hundred thousand branches and a billion of lights, and all the presents that aren't in the shop windows. A ray of sun for the trembling sparrow, a tuft of violets for the frozen lawn, an increase in pension for the old pensioner. And then games, toys, playthings as many as you can count with your eyes wide open: one million, one hundred million beautiful gifts for those children who never had a Christmas present, for whom each day is like any another, and is never a holiday. Because if a child is left without anything, even a single little one, whose crying is not heard, Christmas is all wrong.



#### Brayden captures Jamie's Heart

**Brayden** (1/2 Crystal) hugs **Jamie Melham** winning jockey in this year's Melbourne Cup.

Past and present Royal Children 's Hospital patients were honoured by the jockeys and Victoria Racing Club dignitaries in the Flemington Mounting yard as part of Oaks Day festivities, and in support of the Good Friday Appeal.

Brayden has had two major heart surgeries and is under care at RCH.



#### Wellbeing

## Supporting Your Child for Transition to a new class

As the end of the school year approaches, many children begin thinking about what their new class will be like next year. It's completely normal for students to feel a mix of excitement and nerves during this transition. As a parent, your support can make a significant difference in helping your child feel prepared and confident.

#### Here are some practical ways you can help:

#### 1. Talk Openly About the Change

Begin gentle conversations about next year. Ask your child how they're feeling about going into a new class and listen without judgement. Reassure them that it's normal to feel unsure and that many children feel the same way as they are.

#### 2. Focus on the Positives

Highlight things they can look forward to—new learning experiences, new classmates, fun events, or opportunities to grow. Remind them of times they've successfully handled change before, looking at this year for example.

#### 3. On step up day

Remember that 'step up day' is approaching, make sure your child is at school to attend this important time. Seeing the new space and meeting the next year's teacher can reduce anxiety and build familiarity going into a new year.

#### 4. Establish Predictability at Home

Children cope better with change when their home routines feel stable. Consistent sleep, morning routines, and restful weekends, can help your child feel secure even when school changes.

#### 5. Practise Independence Skills

Help your child build confidence by encouraging age-appropriate independence—packing their own bag, organising materials, or making simple decisions that will help them next year. Feeling capable reduces worry.

#### 6. Share Strategies for Managing Nerves

Teach your child simple strategies such as deep breathing, counting to ten, squeezing a stress ball, or quietly repeating a positive phrase like "I can do this."

#### 7. Stay Positive and Calm

Children often take cues from the adults around them. Speaking positively about the upcoming change and showing confidence in your child's ability to cope can strongly influence how they feel. Reduce the amount of talk they may hear from you and other adults, especially if you are worried as well.

A little preparation and plenty of reassurance goes a long way. With your support, your child can begin the new school year feeling ready, confident, and excited for what's ahead.

If after the 'step up day' your child is experiencing ongoing worry, reach out to their current teacher. Staff can offer additional reassurance, practical support, or keep an extra eye out during the transition period.





Nicholas Coots Wellbeing Leader, Physical Education Teacher

Barwon Health CASEA

(Children's mental health and Schools Early Action)



Your family would have recently received the **Barwon Health CASEA** information including a consent form and questionnaire via an envelope sent from the school. If additional consent forms are needed please see Bernie.

Thank you to those families who would like to take up this offer and have returned this to the school already.

GEM Chat this week is Mindfulness



Look at or walk around your environment. What are:

4 things you can see, 3 things you can hear, 2 things you can touch, 1 thing you can smell?



5

RESILIENCE PROJECT.



St Mary's School is committed to Child Safety.

We promote the safety, wellbeing and inclusion of all children.

### Keeping our kids safe online: A partnership with families

#### **Dear Parents and Carers,**

You may have heard about upcoming government changes in the law regarding social media accounts for children under the age of 16, which will take effect on 10 December 2025.

We are committed to understanding these new changes and working with you to ensure our students have a safe and positive digital life.

#### Why are these changes happening?

The new rules are all about protecting our under-16s. Many social media platforms have inbuilt design features that can:

- encourage too much screen time (like non-stop notifications or content that disappears)
- expose children to upsetting, inappropriate or difficult content through their feeds.

Experts have linked these features to problems for young people, including increased stress, less sleep, and trouble concentrating.

#### What is the goal?

These changes give us all a chance to help our children by:

- learning about the positive aspects of being online and the things they need to be careful of
- building their digital, social, and emotional skills so they can navigate the online world confidently and safely
- knowing where to seek help if they see or experience anything that worries them.

#### Are you ready to partner with us?

While social media platforms have the main responsibility to enforce the age restriction, we all play a part in teaching our children to be safe online.

The best strategies are:

- Clear communication talking openly with your child about their online activities
- Effective teaching helping them understand online safety rules
- Positive modelling showing what responsible and kind online behaviour looks like
- Mindful timing holding off purchasing your child a smart phone.

#### **PFA News**

#### Parents & Friends' Volunteer Register

The PFA raises funds for school resources, equipment and programs and organises social events for the school community.

Many parents have expressed they are not able to attend P&FA meetings but could be available to assist by volunteering.

Please complete this <u>form</u> if you are happy to be included on a register of volunteers.

#### Quick facts about the upcoming changes



## Social media age restrictions



#### New rules for under-16s

Popular platforms like Facebook, Instagram, Snapchat, TikTok, X, and YouTube may soon restrict account access for students under 16.

Other platforms may be added to the list impacted by the legislation.

#### What's still accessible

- Public content that doesn't require login.
- Educational platforms like Google Classroom and YouTube Kids.
- YouTube videos that can be viewed without signing in.

#### What it means for schools

- Schools may need to explore new ways to communicate with students and families.
- Teachers can still share age-appropriate educational content to support learning.

Learn more at the eSafety Commissioner's Social Media Age Restrictions Hub www.esafety.gov.au/about-us/industry-regulation/social-media-age-restrictions-hub

We will continue to update you as more guidance is provided. In the meantime, we encourage every family to subscribe to the <u>eSafety Commissioner alerts</u> so you can remain informed about the legislation change and ongoing digital trends.

Let's work together to help our children become safe, skilled and responsible digital citizens, who can navigate the online world with confidence and care.

#### Annice Lappin Principal

ST MARY'S SCHOOL PARENTS & FRIENDS' ASSOCIATION
WOULD LIKE TO SAY

Thank you to all our school families and staff who ordered our 2025 St Mary's School tea towel.

It looks fabulous!

We raised \$747 to go towards our new playground.





## Thursday 4th December | 5pm - 7pm

### **COST: \$10 FAMILY TICKET**

To be purchased via TryBooking - email will be sent out. Funds to go towards our new playground!

TryBooking Link

### **VENUE:**

Geelong City Soccer Club
Howard Glover Reserve

5 Limeburners Rd, East Geelong 3219 (off the Portarlington Highway).

# COLOUR RUN begins at 5:30pm

There will be hot chips and hot dogs available to purchase at the canteen, or BYO Picnic Dinner to enjoy before and/or after the run.

Some St Mary's School staff will be in attendance, but not supervising students. Families are responsible for the supervision of their children.





will be there, so bring some money for an ice cream!

Students can wear white t-shirts or any light coloured old clothes



Bring mosquito repellent as the mozzies can be bad down near the gardens!





























A SPECIAL MENTION AND THANK YOU TO OUR SCHOOL FAMILIES' BUSINESSES WHO DONATED TO OUR TRIVIA NIGHT!

## Help shape our long-term strategies

Complete the survey for your chance to win a \$100 gift card!

Survey now open, have your say on our future

Barwon Water services a region that is an amazing place to live, work and play. We're proud to play our part in making our region great.

 $Long-term\ planning\ is\ critical\ to\ deliver\ sustainable, affordable\ and\ innovative\ services\ that$ support thriving communities

We need your help to shape our exciting next period of growth and transition.

We want to hear your ideas and priorities, as we plan our next long-term strategies - Strategy 2040, Urban Water Strategy 2027 and Price Submission 2028-2033.

The survey is easy to undertake and should take no longer than 14 minutes to complete.

The survey is open until 5pm, Monday 24 November 2025. Hard copies are available on request.

As a token of our gratitude for your participation, you'll have the option to go in the draw to win one of ten \$100 gift cards.

To learn more and have your say, please visit:

www.yoursay.barwonwater.vic.gov.au/strategies



C 1300 656 007 | a info@barwonwater.vic.gov.au | www.barwonwater.vic.gov.au | f ■ info@barwonwater.vic.gov.au | c info@ba





POTTERY STUDIO-EVENTS & GALLERY

#### School Holiday's Pottery & Craft Sessions

Tues 30th Dec 1-4pm Kids Pottery Class Tues 6th Jan 1-4pm Kids Pottery Class

Additional classes will be listed on these dates and other dates if these book out. Adults may book a spot for themselves to join in and make something as well. You can either stay or drop off.

\$55 per person for 2 hours. Includes clay, colours, glazes and 2 kiln firings.

To book vist the website https://hazytales.com/events/events-calendar/

These are a few of the other things we do at Hazy Tales Studio:
Bespoke Pottery Parties for Adults & Rids. Custom events. Hen parties.
Adult evening 'Clay & Cocktalls by Candlelight'. Porcelain products & jewellery for sale.

16 Mayall Way, Drysdale, Bellarine

ally@hazytales.com www.hazytales.com

0439 709 492





Applications for Year 7 in 2027 at Iona College are now open. Families are warmly invited to attend one of the 2026 Tour and Information Sessions to hear from Principal Damian McKew, learn more about life at the college and explore the campus.

Enrolments can be submitted online at iona.vic.edu.au