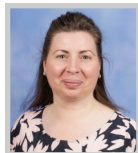




St Mary's Primary School

We aspire, we include, we achieve.

Newsletter # 14 | 23 August 2023



News from the Deputy Principal

Dear Families,

Annice is currently in South Australia attending a faith formation pilgrimage. The pilgrimage follows the footsteps of Australia's first saint, Saint Mary of the Cross MacKillop. We look forward to hearing about Annice's enriching experience upon her return to school, next week.

Today, 57 students from Years 3-6 are competing in the **District Athletics** at Goldsworthy Reserve. From all accounts heard so far, our students are to be commended for their exemplary behaviour as well as for their fair and supportive spirit. The next level, the Divisional Athletics, will be held on Tuesday 5 September for progressing students.

Over the past week we have had many fun-filled activities! We congratulate the Year 4 students on the reception of their **First Eucharist**, commend the Year 5/6 students on their behaviour and participation at **ScienceWorks**, celebrate the talents of families and students in putting together such creative Book Week costumes for our annual **Book Week Parade** and value the contributions of the 2023 Environmental Leaders at their recent **iSea, iCare** day. The fun continues this Friday 25 August, when our Foundation classes spend the day at **Werribee Zoo**.

The week's highlight however, was the impromptu **Staff versus Students Soccer Match** held last Friday afternoon. Apologies to the families who missed out on the initial notice sent via Operoo last Thursday, inviting students to wear their sport uniform. Additional measures are now in place to prevent families from missing school communication. With a **3-3 score** and no time for a penalty shoot-out, both teams walked away celebrating their contribution to the memory-making atmosphere the match provided for everyone. Whilst I am relieved that there was not a staff injury form for me to complete, Annice and I felt it necessary to celebrate the recent, amazing achievement of the Australian women's soccer team, the **Matildas**. The Matildas performance at the World Cup really has inspired the entire nation! We hope that their positive influence encourages all of us to think more deeply about how being proud and content with our best efforts overrides a final score.

On Sunday, I met our newly appointed **Assistant Priest** to the St Mary's Parish, **Fr Jude Johnson**. We

extend a warm welcome to Fr Jude to our school and we hope to introduce him to all classes in the coming weeks. We also extend our congratulations and gratitude to our **Parish Priest, Fr Jim**, on his **30th anniversary of ordination to the priesthood**. We thank Fr Jim for his faithful service to God, to our Parish community and to our school. Fr Jim will be celebrating a Mass of Thanksgiving in the Basilica this coming Friday 25 August at 7.00pm. Everyone is welcome to attend.

In speaking of Parish News, it has been brought to our attention that families are using the **Parish Car Park** in the mornings and afternoons, particularly when accessing Camp Australia. The Parish Car Park has limited parking **for school staff only** and families are kindly requested to park their vehicles in Yarra Street for morning drop off arrangements, inclusive of Before School Care. A reminder to all users of the Parish Car Park that, at all times, the yellow parking bays are strictly for Parish Staff only and that the ramp leading to the school's Parish Gate is not a parking space or a place for families to drive their vehicles when dropping off or picking up their children from Before or After School Care. In partnership with the Parish Staff, we thank you for your co-operation.

Next Wednesday 30 August, we extend an invitation to all families to join us in the annual **Father's Day Breakfast**. Hosted by St Mary's School staff, we pay tribute to the fathers, grandfathers, uncles and special male role models in our community. The Parish and Front Gates open at **8:15am**; we hope you can join us!

Lastly, preparations for our **school concert** are well underway. I have included in this edition of the newsletter, the **costume pieces** that students are required to wear for their item. The simplicity of all costumes required have been deliberately chosen by director-extraordinaire, **Ruth McGurk**. If you are having difficulty sourcing the item(s) required, please contact your child's classroom educator.

With the end of term and the season of Spring fast approaching, it is an opportune time to reflect on the many blessings that being part of this great community affords us.

Cari Saluti, Marie Monea

Upcoming Dates in 2023

TERM 3

Week 7

Friday 25 August

SCHOOL OPEN:

As previously communicated, this is not a school closure.

Foundation Excursion, Werribee Zoo

Week 8

Monday 28 August

Whole School Assembly at 3:00 pm

Year 3/4 Quartz. *Gates open 2.55 pm*

Year 5/6 Life Saving Incursion

Wednesday 30 August

Father's Day Breakfast; 8:15 am

Friday 1 September

Year 5/6 attending Parish Mass; 10:00 am

Saturday 2 September

PFA—BUNNINGS BBQ, Waurin Ponds

Week 9

Tuesday 5 September

Open Doors—Wonder of Living Enrichment Sessions, online.

5:30 pm Yrs 3/4, 7:00 pm Yrs 5/6.

Wednesday 6 September

PFA Meeting; 7:00 pm via Zoom

Friday 8 September

Lunch Order Day—Cheer Toasties

Week 10

Tuesday 12 September

MERCY FEAST DAY—[Wear Blue](#) (Casual Clothes or Uniform)

Wednesday 13 September

School Advisory Council Meeting; 7:00 pm

Friday 15 September

END OF TERM 3; 1:00 pm Dismissal

2023 Staff Email List

Scan the QR Code or follow the [link](#)



2023 Family Handbook

Scan the QR Code or follow the [link](#)



St Mary's School acknowledges the Australian Aboriginal and Torres Strait Islander peoples as the first inhabitants of the nation and the traditional custodians of the lands where we live, learn and work.

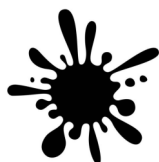
St Mary's School Concert

Thursday 12 October, 2023

Geelong West Town Hall; 1:00 pm and 6:00 pm

Costume items will be required by the first day of Term 4: Monday 2 October, 2023.

ALL STUDENTS
Except 3/4 Garnet

**TOP:****SHORT SLEEVE T-SHIRT**

(Please see below for the colour)

BOTTOMS:**LONG BLACK PANTS**

(jeans, leggings, track pants or trousers)

Foundation Opal & Coral**BLACK T-SHIRT**[see Kmart](#)**Year 1/2 Crystal****NAVY T-SHIRT *not blue**[see Kmart](#)**Year 1/2 Pearl****WHITE T-SHIRT**[see Kmart](#) / [Target](#)**Year 1/2 Topaz****BRIGHT BLUE T-SHIRT *Not Navy**[see Target](#)**Year 3/4 Onyx****ORANGE T-SHIRT**[see Best and Less](#)**Year 3/4 Quartz****RED T-SHIRT**[see Target](#)**Year 5/6 Emerald****DARK GREEN T-SHIRT**[see Target](#)**Year 5/6 Sapphire****LIGHT GREEN**[see Best and Less](#)**Year 5/6 Turquoise****YELLOW T-SHIRT**[see Kmart](#)

Year 3/4
Garnet



Colourful, bright and cheerful clothing and accessories, such as:

- stripey socks / tights
- funny hats / fake moustaches / bug headbands
- colourful tutu type skirts
- bright dresses / t-shirts / shorts / pants

T-Shirts do not need to be purchased from the above stores, or be exact colour matches. Stores have been provided as a means of knowing stock is available (at time of printing) in Geelong stores—Target, Kmart, Big W and Best and Less.

If your child has a t-shirt in the required colour with a logo, it can be worn inside out.

TERM 3 Key Dates

Week 7	
Wednesday 23 August	District Athletics

Friday 25 August	Foundation Werribee Zoo Excursion **NEW DATE**
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Week 8	
Monday 28 August	Year 5/6 Life Saving Incursion

Monday 28 August	School Assembly (Year 3/4 Quartz); 3:00pm
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Tuesday 29 August	PSG Meetings - Day 2
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Wednesday 30 August	Father's Day Breakfast; 8:15am
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Thursday 31 August	Years 3-6 AFL 9s Competition (participating students) **CANCELLED**
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Friday 1 September	Year 5/6 attending Parish Mass; 10:00am
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Saturday 2 September	PFA Bunnings BBQ
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Week 9	
Tuesday 5 September	Open Doors Wonder of Living Enrichment Sessions

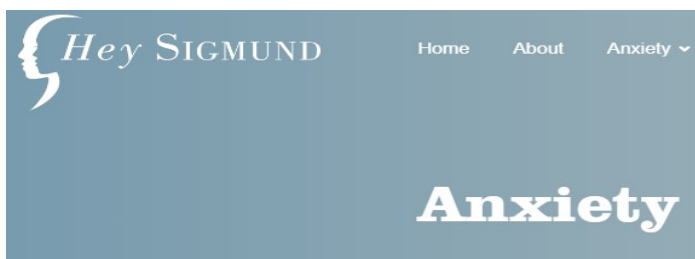
Wednesday 6 September	PFA Meeting; 7:00pm
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Friday 8 September	Lunch Order Day Cheer Toasties
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Week 10	
Tuesday 12 September	Mercy Feast Day - Wear Blue (Uniform or Casual Clothes)
Wednesday 13 September	PSG Meetings - Day 3
Wednesday 13 September	School Advisory Council Meeting; 7:00pm
Friday 15 September	End of Term 3; 1:00pm

Fear and Anxiety



Following St Mary's School's recent online webinar, **Understanding Anxiety and Stress Management in Children**, facilitated by Jesse and Dani (Strength Psychology), here is a suggested read for parents/carers:

Fear and Anxiety—An age by age guide to common fears, the reasons for each and how to manage them, by Karen Young
<https://www.heyigmund.com/age-by-age-guide-to-fears/>

Karen describes in her online article how even the bravest of children can have specific fears at some point during their childhood years. Whilst it can be part of normal growing up and will often dissipate as they grow, it can be challenging to know if it is a developmental part of growing up or something that may need further investigation. As Karen states, *"Fears can certainly cause a lot of distress, not only for the kids and teens who have the fears, but also for the people who care about them."*

She discusses topics such as: loud noises, being separated from you, strangers, the dark, nightmares, something happening to people they care about, being rejected or judged badly by their peers, what others think of them and the fear of missing out.

Karen describes ways that families can support their child with these fears. She offers practical tips around always make sure you say goodbye, meet them where they are, be careful not to overreact, allow them to explore their fear safely, don't give excessive reassurance, teach them the physical signs of fear, watch what they are watching and know that they are watching you too.



Open Doors - Wonder of Living Enrichment Sessions (via Zoom)

Our school is offering Years 3-6 families the opportunity to participate in **The Wonder of Living Family Enrichment Program** on the topic of sexuality education.

Tuesday 5 September

Year 3/4 - 5:30pm (Parent/Child online session)
 Year 5/6 - 7:00pm (Parent/Child online session)

Book Week Parade



St Mary's School Parents & Friends' Association News

St Mary's Parents & Friends Association

TRIVIA NIGHT 2023

NEW DATE!

Save the date and book in the babysitters!
Come along and enjoy some friendly competition at the St Mary's P&F Trivia Night.
Please support this great fundraiser for our school.

FRIDAY
27th OCTOBER

7pm
Pioneer Room
St Mary's Parish

COST: \$20 per person (8-10 people per table)
BYO nibbles and drinks

Trivia Master | Simon Morrison
• Silent Auctions • Games and Prizes

Bookings will be via TryBooking.
Details in School Newsletter and School's Social Facebook page

Contact Lauren 0418 580 949 for team booking instructions or to join a team

Contact Lauren 0418 580 949 for team booking instructions or to join a team.



Bunnings
Waur Ponds
Sausage Sizzle
Saturday
2 September

10 days to go until it is Bunnings Sausage Sizzle time! Another great opportunity to raise some money to support our kids at our school!

VOLUNTEERS

Thanks very much to the school community members who have volunteered to help on the day, your support is greatly appreciated. Separately, I will contact volunteers as to the arrangements for the day.

DONATIONS

Please see a list below of the items of which we are seeking donations from the school community. If you can assist, please drop off any items, and place in the plastic tubs in the school admin area before 3:30 pm, Thursday 31 August. Every bit helps!

Items Required:

96	Coke/Diet Coke Cans
72	Fanta/Sprite/Lift Cans
48	Bottles of Water
8	Tomato Sauce: 500ml Squeeze bottles
2	BBQ Sause: 500ml Squeeze Bottles
2	Mustard: 500ml Squeeze Bottles
4	Large Foil Baking Trays
4	Medium Foil Baking Trays

Thanks for your support.

Ben Doyle
0435 387668

LUNCH ORDER DAY

Friday 8 September

CHEER Toastie Truck

Cheer toasties \$4.00 each

Parents/Carers are welcome to join their child/ren and enjoy a pre-purchased toastie.

Further details via Operoo this week.



iSea iCare

On Friday 18 August, the **iSea iCare Ambassadors** participated in a water focussed day with iSea iCare Ambassadors from other schools in the Geelong region.

To begin the day, we travelled to Balyang Sanctuary and did a study on freshwater invertebrates. We had to collect a sample from the river using nets. Then, we emptied the net into a tub of water and collected the small invertebrates we found in the water. Using the insects we found and an information sheet, we determined what invertebrate species we'd found and if they were tolerant or sensitive to solution. Among the insects, we found fresh water shrimp, worms and beetles.

Due to the weather, we then relocated to Holy Spirit Primary School for the rest of our activities. We conducted tests on a water sample we collected at Balyang Sanctuary for pH, phosphorus and salinity and discussed events that can impact these levels in a water source. To compliment this, we also did a rubbish collection and explored the different types of rubbish found. Next, we looked at different frog species, their sounds and their status, whether they are endangered or not.

To conclude our day, we did an activity based on climate change and emissions where we had to order countries from the one that produces the most emissions per person, to the least. We were shocked to discover that out of China, Indonesia, England, Australia and the United States, Australia has the most emissions per person!

Finally, we did a similar activity with different foods, focussing on the emissions produced during the production of different foods, from meat and dairy to vegetables.

We enjoyed the day, particularly the invertebrate study, and are looking forward to our final iSea iCare experience in Term 4!



[Read more about the iSea iCare ambassador program for schools](#)

Community News



POTTERY STUDIO-EVENTS & GALLERY

School Holiday's Pottery & Craft Sessions

Tue 27th June 10.30am-12.30pm Kids Pottery Class
 Wed 28th June 10.30am-12.30pm Kids Pottery Class
 Tue 4th July 10.30am-12.30pm Kids Pottery Class
 Tue 4th July 2pm-4pm Bath Bomb Class

Additional classes will be listed on these dates and other dates if these book out. Adults may book a spot for themselves to join in and make something as well. You can either stay or drop off.

\$50 per person for 2 hours. Includes clay, colours, glazes and 2 kiln firings.

To book visit the website <https://hazytales.com/events/events-calendar/>

These are a few of the other things we do at Hazy Tales Studio:
 Bespoke Pottery Parties for Adults & Kids. Custom events. Hen parties.
 Adult evening 'Clay & Cocktails by Candlelight'. Porcelain products & jewellery for sale.

16 MAYALL WAY, DRYSDALE, BELLARINE

sally@hazytales.com 0439 709 492
www.hazytales.com



Our Services

Core Supports

Housing

Therapeutic Supports

Support Coordination

Recovery Coaching

Specialist Support Coordination

Personal Training

Skills Development

Sensory Room

All In One Support Services was formed out of community need for a tailored mental health, disability, and housing support service for participants of the National Disability Insurance Scheme (NDIS). We are passionate about advocating for those experiencing disadvantage, mental health un-wellness and social stigma. We are also committed to empowering these groups by ensuring they have the necessary skills to attain the highest quality of life possible.

We support the
ndis



Contact us today!

All In One Support Services

61 Leather Street, Breakwater

contactus@allinonesupport.com.au

0401 090 442 or 0455 659 338

www.allinonesupport.com.au

Meli Kids Run

AT THE SURF COAST CENTURY

Sunday 17 September

Anglesea Main Beach

- 2.5km course - on the beach and paths
- For kids aged up to 12yrs
- \$10 entry, includes finisher ribbon, race plate and fruit at the finish
- Plus spot prizes, food and coffee available on the day

100KM
 SURF COAST CENTURY

supporting

foster a future

Meli

[meli.org.au/
 surf-coast-century-fundraiser](http://meli.org.au/surf-coast-century-fundraiser)



Dear Families,

For the weeks to come in **St Mary's School Visual Arts** the students will be involved in a great variety of activities with a focus on Construction and Threads and Textiles.

If you are able to please send in any materials as listed below, it would be greatly appreciated.

Construction: hand paper rolls, bottle tops and lids, newspapers, catalogues, magazines.
Threads and textiles: old (clean) socks, wool/ yarn, material scraps.

These items can be left in the Visual Arts donation box near the 1/2 stairwell outside 5/6 Sapphire.

Thank you in advance for your donations.

Liza Rosati, Arts Teacher

Art

Community News



COME & TRY

**SUNDAY 27TH AUGUST
&
SUNDAY 10TH SEPTEMBER**

11AM - 1PM

**GEE LONG BASEBALL
CENTRE
WAURN PONDS**

for boys & girls 5 - 14 years

FOR MORE INFORMATION
PLEASE CONTACT US AT
baycatsjuniors@gmail.com




2023 Staff Email List

Scan the QR Code or
follow the [link](#)



2023 Family Handbook

Scan the QR Code or
follow the [link](#)



Facebook:

[@St.Mary'sPrimaryGeelong](#)

Instagram:

[stmarys_ps_geelong](#)

Twitter:

[@StMarysPS3220](#)

School Website:

www.smgeelong.catholic.edu.au

Parent Portal password -
mary175



St Mary's School, Geelong

www.smgeelong.catholic.edu.au

T: 5229 9453

Newsletter # 14
Term 3—Week 7

"My child was engaged and enthusiastic and excited to go each day"

★★★★★



Junior Engineers
PRESENTS

**SURVIVAL MODE:
CODING AND ROBOTICS
FOR KIDS**

THIS SCHOOL HOLIDAY

Want to know more? We'd love to chat!

customerservice@jnrengineers.com
1300 089 344
Jnrengineers.com.au

2 DAY SCHOOL HOLIDAY CAMPS

Beginner Courses:

- MINECRAFT SURVIVAL MODE (Ages 7 - 12 years)
- STEM EXPLORERS SURVIVAL MODE (Ages 5 - 8 years)
- ULTIMATE BEGINNER CODING PACKAGE (Ages 7 - 12 years)
- STOP MOTION SURVIVAL MODE (Ages 5 - 10 years)

Intermediate Courses:

- ARDUINO ROBOTIC ARM (Ages 10 - 13 years)
- ROBLOX SURVIVAL MODE (Ages 10 - 13 years)

Various Locations Across VIC

In Greater Melbourne including Geelong and Mornington Peninsula.

OR LEARN ONLINE

- PYTHON
- CODE WITH JAVASCRIPT
- MINECRAFT SURVIVAL MODE

Classes open to the public - jnrengineers.com.au to book now!